

Royale Estates  
1108 N. Walnut Street  
No. Manchester, IN 46962  
August 27, 1999

Dockets Management Branch  
FDA Room 1-23  
12420 Parklawn Drive  
Rockville, MD 20857

Dear Ms. or Sir:

I feel I am very qualified to petition to have the Vitamin B Complex listed on meats (beef, pork, lamb); poultry; fish; eggs; dried beans; and nuts. If the Vitamin appears naturally, it should have an asterisk beside it. Natural B12 is obtained only from meats; also meats are an excellent source of folate (folic acid).

I did not know the FDA didn't require the Vitamin B Complex to be listed until I was writing articles on nutrition and was calling companies to ask why the Vitamin B complex was not listed. One representative said because the FDA doesn't require this. This was beyond my comprehension. So I called the FDA and asked, "Do you require the Vitamin B Complex to be listed on foods?" The gentleman said, "We do not require the Vitamin B Complex to be listed." I think this is very unfair to the consumer and to the producer. B Vitamins are good for the nervous system and keeps us looking young longer.

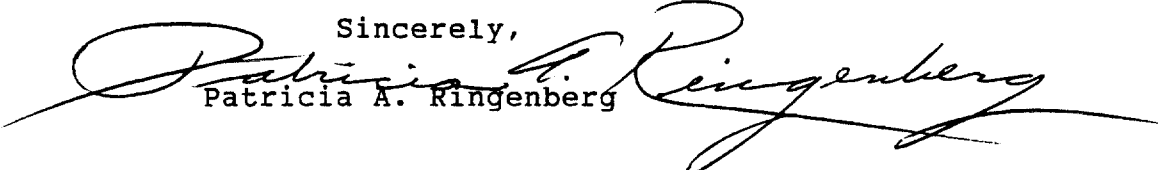
Why am I qualified to petition that the Vitamin B complex be listed on meats, poultry, fish, eggs, dried beans, and nuts. I have been interested in reading about how to stay healthy since I was very young. My mother taught us how to stay healthy and prepared nutritious food for us. I taught Nutrition, Home Nursing, Health for 32 years. I retired in May 1987. I am 71 years old. I believe in the Basic-4. Many Americans do not eat nutritious foods and do not complete the Basic-4, so how would they complete the Food Guide Pyramid? If the companies who put these products to the consumer can not afford doing this, have the FDA print the labels.

How can dried beans have many B Vitamins when they are dried and the B Vitamins are water soluble? They are also an incomplete protein.

Why doesn't the government buy the hogs from the farmers and have whole hog sausage for sandwiches, gravy, pizza for the school children. I substitute teach from kindergarten - 12th grade and the meats are very objectionable (in four school systems).

Thank you very much for your consideration and implementation.

Sincerely,

  
Patricia A. Ringenberg

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Patricia A. Ringenberg  
Royale Estates  
1108 N. Walnut Street  
No. Manchester, IN 46962

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